

| | Composition | Strength | Dosage form, Pack size | Effects |
|---|------------------|--------------|--|--|
| | | | | EYE SUPPLEMENT |
| 1 | Lutein | 6 mg | 10 Capsules/Tablets x 2-3 blisters | Providing Vitamin A & precursors; essential mineral & nutritions for eye health Prevent eye strain, blurr vision & eye dryness. Improve eyesight. Slow macular degeneration |
| | Zeaxanthin | 300 µg | | |
| | Vitamin A | 800 µg | | |
| | Vitamin C | 250 mg | | |
| | Vitamin E | 36 mg | | |
| | Zinc | 2.5 mg | | |
| | | | | FEMALE HORMONE BALANCE |
| 2 | Isoflavones | 50 mg | 10 Capsules/Tablets x 2-3 blisters | Reduce menopausal syndromes: hot flushes, headache, insomnia, vaginal dryness due to hormone level changing Calcium supplement for osteoporosis prevention Isoflavone supplement for the regulation of menstrual cycle |
| | Soy extract | 125 mg | | |
| | Calcium | 500 mg | | |
| | Vitamin D3 | 5 µg | | |
| | Vitamin B1 | 1,4 mg | | |
| | Vitamin B2 | 1,6 mg | | |
| | Vitamin B6 | 2 mg | | |
| | Vitamin B12 | 3 µg | | |
| | Biotin | 150 µg | | |
| | Folic acid | 400 µg | | |
| | | | | MULTIVITAMIN |
| 3 | Vitamin A | 800 µg (R.U) | 10 Capsules/Tablets x 2-3 blisters | Essential vitamin & mineral supplements for people in such conditions as loss of appetite, fatigue, weakness, elderly, pregnancy & lactation Boost the immune system |
| | Biotin | 100 µg | | |
| | Vitamin B1 | 3.5 mg | | |
| | Vitamin B2 | 4 mg | | |
| | Vitamin B6 | 5 mg | | |
| | Vitamin B12 | 2.5 µg | | |
| | Vitamin C | 150 mg | | |
| | Vitamin D | 5 µg | | |
| | Vitamin E | 24 mg (α-TU) | | |
| | Folic acid | 450 µg | | |
| | Vitamin K | 20 µg | | |
| | Niacin | 18 mg | | |
| | Pantothenic acid | 12 mg | | |
| | Calcium | 120 mg | | |
| | Magnesium | 57 mg | | |
| | Chloride | 0.9 mg | | |
| | Chromium | 25 µg | | |
| | Iron | 2.1 mg | | |
| | Iodine | 100 µg | | |
| | Potassium | 10 mg | | |
| | Cooper | 0.9 mg | | |
| | Manganese | 0.9 mg | | |
| | Sodium | 0.1 mg | | |
| | Molybdate | 20 µg | | |

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| | Phosphate | 92 mg | | |
| | Selenium | 10 µg | | |
| | Zinc | 5 mg | | |
| | | | | LIVER SUPPLEMENT |
| 4 | Silymarin | 500 mg | 10 Capsules/Tablets x 2-3 blisters | Promote strong functioning liver |
| | Phosphatidylcholine | 50mg | | |
| | L-methionine | 60mg | | |
| | Inositol | 30mg | | |
| | Vitamin E | 10mg | | |
| | Vitamin B1 | 4mg | | |
| | Vitamin B2 | 4mg | | |
| | Vitamin B6 | 4mg | | |
| | | | | CEREBRAL CIRCULATION |
| 5 | Ginkgo biloba | 85mg | 10 Capsules/Tablets x 2-3 blisters | Support brain functions & cerebral circulation. Improve memory, concentration & mental clarity. Enhance cognitive abilities in elderly people. Support red blood cell & hemoglobin production & peripheral circulation; reduce conditions of iron deficiency anemia & weakness. |
| | Bacopa montiera | 10mg | | |
| | Salvia lavandulaefolia Vahl | 5mg | | |
| | L-Glutamine | 50mg | | |
| | Ferrous gluconate | 7mg | | |
| | Potassium iodide | 7,5mcg | | |
| | Zinc citrate | 5mg | | |
| | | | | PROBIOTICS |
| 6 | Lactobacillus acidophilus | 25% | 30 sachets per carton | Gastrointestinal disorders symptoms such as stomachache, bloating, indigestion, nausea, high level of gastric acid, irritable bowel syndrome (IBS), colitis, etc. affect up to 60% of population and their lives quality. The digestive system includes such 3 factors as intestinal microbiota, intestinal mucosa & the immune system which coordinate to maintain its normal functions. The imbalance of the internal tissues is caused by the disorder of one |
| | Lactobacillus casei | 25% | | |
| | Bifidobacterium animalis lactis | 25% | | |

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| | | | | <p>of the 3 above mentioned factors due to various causes such as stress, anxiety, unhealthy lifestyle, age, smoke, intestinal microbiota imbalance, ect.</p> <p>"Healthy gut bacteria" are good for health if under controlled in a reasonable amount. Probiotics can help restore & maintain intestinal microbiota & the balance of internal tissues. They can help vitamin absorption & increase mineral bioavailability. Otherwise, they can help digest lactose found in milk thus suitable for lactose intolerance & milk allergy. Probiotics help reduce food allergy & inflammatory. Some biological products including <i>Bifidobacterium animalis</i>, <i>Streptococcus thermophilus</i> or <i>Lactobacillus casei</i> show their good effect on digestion, food metabolism in intestine especially diarrhea prevention thanks to <i>Lactobacillus acidophilus</i>.</p> <p>In conclusion, healthy bacteria can help internal tissue balance in intestine. Many studies have concluded that "healthy bacteria" reduce symptoms of IBS including stomachache, indigestion & help food metabolism & absorption in intestine.</p> |
| | Streptococcus thermophilus | 25% | | |
| | | | | KIDNEY SUPPLEMENT |
| 7 | Epimedium sagittatum extract | equivalent to 15000mg | 10 Capsules/Tablets x 2-3 blisters | <p>Improve men's health, sexual functions & slow male menopause. Indications for male sexual dysfunction, menopause, pernicious anemia & premature ejaculation.</p> |
| | Muir Puama extract | equivalent to 2000mg | | |
| | Turnera Diffusa extract | equivalent to 400mg | | |
| | Ginkgo biloba extract | equivalent to 1000mg | | |
| | Tribulus terrestris extract | equivalent to 7000mg | | |
| | Panax ginseng extract | equivalent to 500mg | | |
| | Saw Palmetto extract | equivalent to 100mg | | |
| | Deer Velvet extract | equivalent to 100mg | | |
| | L-Arginine | equivalent to 100mg | | |
| | | | | JOINT HEALTH |
| 8 | Glucosamine | 750mg | 10 Capsules/ | <p>Help reduce pain caused by Osteoarthritis, joint injury, other arthritis</p> |
| | Hyaluronic acid | 25mg | | |

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| | Chondroitin sulphate | 50mg | Tablets x 2-3 blisters | symptoms. Recover injured cartilage. Help synovial fluid production & improve joint mobility |
| | MSM | 125mg | | |
| | Shark Cartilage | 2,5 mg | | |
| | Collagen tuyp II | 2.5 mg | | |
| | Calcium carbonate | 250mg | | |
| | Vitamin D | 200IU | | |
| | Bromelain: | 50mg | | |
| | | | | ENZYMES |
| 9 | Bacillus clausii | 2 ti/5ml | 10 & 30 vials per bottle | Increase digestion, decrease & prevent symptoms of diarrhea & digestive disorders. Prevent intestinal microbiota disorder. Help restore the intestinal microbiota caused by antibiotics or chemotherapy. |
| | | | | SLEEP DISORDER |
| 10 | Hop cones extract | 200 mg | 10 Capsules/Tablets x 2-3 blisters | Herbal sedatives help improve sleep quality in such conditions as isomnia, sleep deprivation, difficulty falling asleep, etc. caused by fatigue, anxiety, stress & Chronic fatigue syndrome. |
| | Melissa leaves extract | 100 mg | | |
| | Lavender extract | 20 mg | | |
| | Vitamin B6 | 0.7 mg | | |
| | | | | CONSTIPATION |
| 11 | Fraxinus ornus Extract | | 10 & 30 vials per carton Bottle 20ml | Have aperient effect, relieve constipation in children, provide natural soluble fibre & improve intestinal absorption in children Natural vitamin & mineral supplement for children |
| | Malva sylvestris extract | | | |
| | <i>Malus domestica extract</i> | | | |
| | <i>Prunus domestica extract</i> | | | |
| | Inulin và Pectin táo | | | |
| | | | | CALCIUM & D3 |
| 12 | Magnesium | 250 mg | 10 Capsules/Tablets x 2-3 blisters | Calcium, magnesi & Vitamin D3 supplement for a strong & healthy musculoskeletal system Help prevent osteoporosis |
| | Calcium | 450 mg | | |
| | Vitamin D3 | 10 µg | | |
| | | | | MEN'S HEALTH |
| 13 | L-Carnitine | 100mg | 10 Capsules/Tablets x 2-3 blisters | Improve men's physical health, reproductive health & sexual function. Boost male fertility, enhance sperm count & quality Increase chances of pregnancy in case of infertility due to low sperm count, poor sperm quality & low concentration of semen |
| | Maca root extract | 100mg | | |
| | Panax ginseng root powder | 50mg | | |
| | Lycopene | 1.5mg | | |
| | Inositol | 50mg | | |
| | Pine bark extract | 20mg | | |
| | (Therof Proanthocyanidins | 18mg) | | |
| | Citrus bioflavonoids | 2mg | | |

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| | L-Glutathione | 2.5mg | | |
| | Coenzyme Q10 | 2mg | | |
| | Vitamin A | 750mcg | | |
| | Vitamin D3 | 15mcg | | |
| | Vitamin E | 30mg | | |
| | Vitamin C | 60mg | | |
| | Vitamin B1 | 2.2mg | | |
| | Vitamin B2 | 2.8mg | | |
| | Niacin | 24mg | | |
| | Vitamin B6 | 2.8mg | | |
| | Folic acid | 400 mcg | | |
| | Vitamin B12 | 5mcg | | |
| | Biotin | 150mcg | | |
| | Pantothenic acid | 10mg | | |
| | Iron | 14mg | | |
| | Zinc | 15mg | | |
| | Manganese | 1mg | | |
| | Copper | 1mg | | |
| | Selenium | 55 mcg | | |
| | Chromium | 40mcg | | |
| | | | | PREGNANCY |
| 14 | Omega - 3 fatty acids | 176mg | 10 Capsules/Tablets x 2-3 blisters | Provide essential vitamin & minerals Promote women's health before & during pregnancy & lactation. Reduce risk of fetal malformation. |
| | thereof DHA | 126 mg | | |
| | beta - Carotene | 2 mg | | |
| | Vitamin E | 12 mg | | |
| | Vitamin D3 | 5 µg | | |
| | Vitamin C | 80 mg | | |
| | Pantothenic acid | 6 mg | | |
| | Vitamin B1 | 1.2 mg | | |
| | Vitamin B2 | 1.5 mg | | |
| | Vitamin B6 | 2 mg | | |
| | Folic acid | 400 µg | | |
| | Biotin | 60 µg | | |
| | Niacin | 15 mg | | |
| | Vitamin B12 | 2 µg | | |
| | Iron | 14 mg | | |
| | Magnesium | 60 mg | | |
| | Zinc | 5 mg | | |
| | Copper | 1 mg | | |
| | Iodin | 150 µg | | |